



TRAVEL APPOINTMENTS AT THE HEALTH DEPARTMENT

Preparing to travel includes protecting your health. There are many ways to do this and the Bear River Health Department can help!

APPOINTMENTS INCLUDE:

- Personalized assessment of health needs based on your medical history and travel plans.
- Administration of vaccines and/or prescriptions for medications that are required or recommended for the region you plan to visit.*
- Education on food and water safety.
- Education about common diseases that are present in the country and personal hygiene information.
- Counseling on general travel safety for the region you plan to visit.

**A travel appointment to discuss vaccines should be made 4 - 6 weeks before you go.*

**COST: \$35/PERSON UP TO 2 PEOPLE
\$10 FOR EACH ADDITIONAL PERSON**

PLANNING A TRIP? PROTECT YOUR HEALTH

When traveling, three kinds of immunizations should be considered:

ROUTINE

All travelers should be up-to-date on routine vaccinations when traveling to any destination.

RECOMMENDED

Most travelers get vaccines or medicines because there is a risk of disease in the country they are visiting.

REQUIRED

Some vaccines are required to travel to a specific country. Countries may require proof of the vaccine before entry.

Please note: A certified birth certificate may be required for travel or passport applications. These can be obtained at the health department.



Additional information is available through the Centers for Disease Control at [cdc.gov/travel](https://www.cdc.gov/travel)

LOGAN

655 E 1300 N

Logan, UT 84341

435.792.6547

TREMONTON

125 S 100 W

Tremonton, UT 84337

435.257.3318

BRIGHAM CITY

817 W 950 S

Brigham City, UT 84302

435.734.0845

RANDOLPH

275 N Main

Randolph, UT 84064

435.793.2445