Preparing to travel includes protecting your health. There are many ways to do this and the Bear River Health Department can help!

**APPOINTMENTS INCLUDE:**

- Personalized assessment of health needs based on your medical history and travel plans.
- Administration of vaccines and/or prescriptions for medications that are required or recommended for the region you plan to visit.*
- Education on food and water safety.
- Education about common diseases that are present in the country and personal hygiene information.
- Counseling on general travel safety for the region you plan to visit.

*A travel appointment to discuss vaccines should be made 4 - 6 weeks before you go.

**COST:** $35/PERSON UP TO 2 PEOPLE
$10 FOR EACH ADDITIONAL PERSON
PLANNING A TRIP? 
PROTECT YOUR HEALTH

When traveling, three kinds of immunizations should be considered:

**ROUTINE**
All travelers should be up-to-date on routine vaccinations when traveling to any destination.

**RECOMMENDED**
Most travelers get vaccines or medicines because there is a risk of disease in the country they are visiting.

**REQUIRED**
Some vaccines are required to travel to a specific country. Countries may require proof of the vaccine before entry.

*Please note: A certified birth certificate may be required for travel or passport applications. These can be obtained at the health department.*

Additional information is available through the Centers for Disease Control at cdc.gov/travel

**LOGAN**
655 E 1300 N
Logan, UT 84341
435.792.6547

**TREMONTON**
125 S 100 W
Tremonton, UT 84337
435.257.3318

**BRIIGHAM CITY**
817 W 950 S
Brigham City, UT 84302
435.734.0845

**RANDOLPH**
275 N Main
Randolph, UT 84064
435.793.2445

brhd.org