



BEAR RIVER PREVENTION CONFERENCE

Our Community & Opioids

March 7, 2019, 8:30 am - 5:00 pm

Keynote Speakers 9:00 – 11:00		
Amber A. Martinson, PhD Licensed Clinical Health Psychologist at the VA Salt Lake City Healthcare	The Connection Between Opioids and Suicide <ul style="list-style-type: none"> Attendees will have an increased knowledge of the Opioid and Suicide crisis in the US Participants will gain a better understanding of the factors that have contributed to the current Opioid and Suicide Crisis in the VA and the US Conference participants will learn about the current research of Dr. Martinson into alternative treatments for chronic pain in patients with mental health, and SUD (Substance Use Disorders) 	9:00 – 9:50
Rob Timmerman, Prevention Specialist	Science of Prevention <ul style="list-style-type: none"> Learn how the science of reducing risk and adding protection can help prevention opioid abuse and misuse. Learn that a structured, community wide approach can reduce abuse and misuse. Learn how to integrate Evidence Based strategies that include programs, practices and policies to reduce misuse and abuse 	9:55 – 10:45
Tim Keady, MS, CHES Professional Practice Extension Assistant Professor, Health and Wellness	Narcan/Naloxone Training <ul style="list-style-type: none"> Describe the Opioid Epidemic and unexpected MAT (Medication Assisted Treatment) Biases and Stigma Identify patient characteristics that indicate high risk of an opioid overdose. Recognize the signs and symptoms of an opioid overdose. Correctly administer Narcan (Naloxone) in the event of an opioid overdose 	10:50 -11:00
Breakout Session 11:10 – 12:00		
Eric Barker, M.D. Medical Director Intermountain Healthcare Dayspring Clinic - Logan	The Physician’s Role in Combating the Opioid Crisis <ul style="list-style-type: none"> Brief overview of how the opioid crisis developed How physicians can help with prevention How physicians can help reduce opioid availability Intermountain’s efforts to reduce opioids MAT and how physicians can help expand opioid addiction treatment options 	B111 Auditorium
Jess Lucero, PhD, Utah State University Professor	Conducting Community Assessments <ul style="list-style-type: none"> Participants will be able to describe the planning, implementation, and evaluation strategies of the presenter’s community assessment research Attendees will recognize the value of multidisciplinary community assessment research Presenter will review the significance and public health planning value of the collected community assessment data 	A104 Multipurpose Room

Lunch 12:10 – 1:00		
Pastor Eric Sitterud, Alpine Church	From Addict to Pastor: My Personal Journey Through Recovery <ul style="list-style-type: none"> • Advice on how to prevent opioid misuse • How opioid addiction affected Eric's life • How Eric was able to overcome his opioid addiction • How Eric tapped into additional resources to help him overcome his addiction • Talk about the 12 - step recovery program and the other resources that Pastor Sitterud provides 	12:20 – 12:50
Breakout Session 1:10 – 2:00		
Brigham City Police Department <ul style="list-style-type: none"> • Lt. Tony Ferderber • Officer Ethan Jorgensen & Brigham City Fire/EMS <ul style="list-style-type: none"> • Captain Bryan Fawcett • Jeremie Poppleton • Doug Higgins 	What First Responders Are Seeing in Our Community <ul style="list-style-type: none"> • Learn what first responders are seeing as they go out on calls in our community • Learn what drugs they are seeing • Learn what a first responders view is of what is needed in our community to combat problem 	A104 Multipurpose Room
Jared Bohman, LCSW, Deputy Director of the Bear River Health Department Substance Abuse Division	Treatment Options and Helping Those with an Opioid Use Disorder <ul style="list-style-type: none"> • Overview of the different types of MAT • Learn about the type of MAT that the Bear River Health Department provides and other services the substance abuse division provides • Learn about substance abuse disorders and brain chemistry • Learn of statistics of demographics served locally 	B111 Auditorium
Keynote Speaker 2:30 – 3:10		
Amber A. Martinson, PhD Licensed Clinical Health Psychologist at the VA Salt Lake City Healthcare	Managing Opioids and Chronic Pain in Primary Care <ul style="list-style-type: none"> • Introduce audience to issues of opioid prescribing practices in primary care and adverse sequelae of taking opioids. • Review current opioid prescribing guidelines and recommendations. • Understand available alternative non-pharmacological interventions for chronic pain, namely cognitive-behavioral therapy for chronic pain group available in primary care. 	A104 Multipurpose Room
Panel 3:20 – 4:15		
Bonnie Young, RN, Box Elder School District		
Dr. Eric Barker, Medical Director at Intermountain Health Care Dayspring Clinic in Logan		
Crystal Grimes, RPh, Lee's Marketplace Pharmacy		
Jared Bohman, LCSW, Deputy Director of the Bear River Health Department Substance Abuse Division		
Pastor Michael Galica, Holy Cross Lutheran Church		
Cache County Deputy Openshaw		
Rob Timmerman, Regional Prevention Director		
Workshop 4:20 – 5:00		
Brainstorm how we as a community can prevent and fight this epidemic.		
End of Conference		

DRUG TAKE-BACK EVENT

(with health screenings and Naloxone trainings provided)

3/7/19, from 4:30 – 6:00 pm

